

C. Andi Locke Mears
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EDUCATION

- University of Maine, Orono, ME, M.A. Peace & Humane Studies, Thesis: Creating an Ethical World: One Child At a Time, 2003
- St. Joseph's College, Standish, ME, B.S., Business Administration, 1991
- Westbrook College, Portland, ME, A.A., English, 1990

CERTIFICATIONS & TRAININGS

- Certified Patient Advocate; National Institute of Whole Health, 2019
- Advanced German New Medicine training, Toronto, Nov, 2017
- Advanced German New Medicine training, Austria, Sept, 2013; Sept, 2014; Sept, 2015
- Certified Healing Foods Specialist, Immunitrition, Portland, OR, Oct, 2011
- Whole Health Educator & Coach, National Institute of Whole Health, Boston, MA, June, 2011
- GAPS (Gut & Psychology Syndrome) training, Weston A. Price conference, 2010
- German New Medicine Training, Montreal, May, 2009-2013
- Board Certified, National Colon Hydrotherapist Certification Board, 2008
- Colon Hydrotherapist, Advanced Level, I-ACT, 2008
- Living Foods Lifestyle™ Certification, Ann Wigmore Institute, Puerto Rico, 2007
- Colon Hydrotherapist, Foundation & Intermediate levels, Awareness Institute of Wellness, Atlanta, GA, 2006
- Advanced Naturopathy Certificate, School of Natural Medicine, Boulder, CO, 2005
- Herbal Medicine Certificate, School of Natural Medicine, Boulder, CO, 2005
- Nutrition Consultant, Global Institute of Natural Medicine, CA, 2004
- Holistic Health Practitioner & NeuroPhysical Reprogramming™, California College of Naturopathy, 2003
- Transformational Facilitator, International Breath Institute, NH, 1995

EMPLOYMENT HISTORY

2017 – current **Bio HealthWorks Institute**, Black Mountain, NC. Owner; developed online courses and in-person workshops that teach German New Medicine.

2013 – 2016 **Family to Family**, Asheville, NC, Practice Manager at Integrated/Functional Medicine office

2009 – present **German New Medicine Teacher, Consultant & Coach**
A continuation of my wellness consulting; working as a teacher and resource for GNM clients all over the world using Skype, phone, and in-person.

2006 – 2012 **CALM HealthWorks**

Owner of Holistic Wellness Practice based on German New Medicine and specializing in nutrition, hormone balancing with homeopathy, herbal medicine, cleansing & detoxing and Functional Medicine testing. Ran an integrated wellness center by the same name for 6.5 years located in Auburn, ME. Was part of an international team of German New Medicine consultants and teachers for 3 years.

1999 – 2009 **Auburn School Department** 60 Court St, Auburn, ME 04210

- *Director, Before & After School Childcare programs*
- *Safe School Coordinator*

2008 – 2010 **Dr. Theresa Dale, N.D.**, Santa Cruz, CA
Endocrine test analyst

1996-2001 **Living Earth Learning Project**, Boston, MA
Humane Educator

1993-1998 **Self-employed in Private Practice**, Portland & Poland, ME
Certified Transformational Facilitator using Transformational Breath work, Kinesthetic Associative Reprogramming, nutrition

TEACHING EXPERIENCE

Classes, In-Service Workshops include:

- Online course: In-Depth German New Medicine
- Online course: GNM for Practitioners Course
- GNM Constellations
- Online course & In-Person Workshop: Beyond Holistic Medicine: The Biological Wisdom of German New Medicine
- Choosing Excellence in Life & Health – 10 week GNM coaching program
- Nutrition: The New Role of Diet and Food
- German New Medicine – The Five Biological Laws
- GNM in Practice: How to Incorporate German New Medicine into your Life
- GNM Conversations
- Nutrient-dense Foods for Optimum Health
- Cancer: Let's Take Another Look
- Weight Loss/Fat Loss: The Complete Approach
- Living Foods Lifestyle
- Heal Your Gut: Heal your Brain....& Body!
- Whole Cultured Foods for Health
- Mental Illness: Let's Heal the Cause
- Detoxing for Spring (Fall)
- Heart Disease: What if it isn't about clogged arteries?
- Colon Health for Wellness
- Holistic Therapies for Autism
- Hormone Rejuvenation for Women

SPEAKING ENGAGEMENTS INCLUDE:

Upcoming:

- International Integrative Healthcare & Holistic Iridology Congress, Orlando, FL Oct 18-22 2019

Previous:

- NANP National Conference, (Nat'l. Asso. Of Nutrition Professionals), Tucson, AZ, May, 2019
- GNM Virtual Retreat for Convergence of Wellness, Lake Clear Lodge & Retreat, Lake Clear, NY, 2019
- THRIVE Conference for Bionetics™ Practitioners, Asheville, NC 2018
- International Association of Colon Hydrotherapists, National Conference, 2015
- Organic Grower's School Harvest Conference, Asheville, NC 2014
- Jubilee Church, Asheville, NC, 2014
- Black Mountain Family Chiropractic, 2014
- Weston A. Price Conference, Indianapolis, 2014; Atlanta, 2013; and Buffalo, 2012
- International Association of Colon Hydrotherapists, Regional conference, NC, 2013
- Auburn School Dept. Adult Education, 2006-2012
- Universalist Church, Auburn, ME
- Sunnyside Retirement Village, Sarasota, FL

PROFESSIONAL AFFILIATIONS

- Weston A. Price Foundation – founded two Chapters and is a former Chapter Leader
- American Holistic Health Association
- International Association of Colon Hydrotherapists

COMMUNITY LEADERSHIP

- Weston A. Price Chapter Leader, Auburn, ME then E. Asheville, NC, 2010 - 2017
- YWCA of Central Maine, Chair of the Board, 2006 – 2009
- YWCA of Central Maine, Board of Directors, 2005-2006
- Toastmasters, International; member since 1997
 - Advanced Toastmaster, 2005
 - Competent Leader, 2006
 - Past President, L/A Toastmasters, 2001