

## Final video for review

[00:00:00] **Melissa:** [00:00:00] Hey guys. Welcome back to mine and Andi's show together. We are really excited. Andi arranged a guest speaker for us to chat with today about GNM and what's going on in the world. So who do we have with us today Andi?

**Andi:** [00:00:12] I am so excited. We have Dr. Christiane Northrup, and I'm so excited because she and I are both from the state of Maine, the great state of Maine. And we actually shared mutual patients when I had my wellness center and everything. So it's wonderful to meet her, to see her again in zoom. I have met her in person, but it's great to have her here.

And just a quick, if you don't know Dr. Northrup, she is an amazing woman who has written books and she's been in the public eye for 40 years. Women's Bodies, Women's Wisdom, and also this is another book that I have of her - Mother Daughter Wisdom. She's written a whole lot of other books. She's an OB GYN and she graduated from Dartmouth Medical School, completed her residency at Tufts New England Medical Center in Boston. And she's a board certified OB GYN. So she's an amazing woman and she's done PBS specials and have many New York Times bestsellers. So we're thrilled to be able to introduce her.

**Melissa:** Yeah. So check out our interview.

**Andi:** Well, we are here back together again today. Dr. Melissa Sell and I'm Andi Locke Mears, and we are thrilled to have Dr. Christiane Northrup here. So thank you for joining us, Dr. Northrup.

**Dr. Northrup:** I am happy to be here. Happy to be here in this time of I would call it [00:01:30] a planetary labor, we're in transition.

We're at about nine centimeters and having attended many, many, many, many births, I know what a dysfunctional and prolonged labor looks like. And we are in the middle of it. But the birthing energy is there for us. And we know from the work of spiritual midwifery, Ina May Gaskin at the farm in Tennessee, which still exists, she would teach women about their biology and the ability of the body to get through something like this. And so I remember a patient of mine, at listening to Ina Mae, and this woman was really, really afraid of labor, but she did a visualization over and over and over and over, which was that her pelvis and her opening would get huge when it was time to bring the baby through, it was just going to get huge.

And so she had that experience of. And then Ina May, God lover would always tell people to do things that were so organic. Like when you, when you're have a horse in front of you and the horse eliminates. It's its bowel movement. You watch, the horse lifts up its tail, and then you see the, the canal there and suddenly this stuff comes out and then it goes right back.

And so you've got to see your body in the same way so that you can visualize this because one of the [00:03:00] things that you, you two know beautifully is in the German New

Medicine, there is always the power of the individual. And so I, like you, have never cared about what the statistics show, because frankly, all of Western medicine is based on these curves, you know, like there's the mean, and there's the two standard deviations down here and the two standard deviations out here and my whole career, I've always been very interested in the outliers in the standard deviation.

So for instance, let's talk about Osteoporosis. So they would show us graphs. Of osteoporosis and you know that all these women would have a dual, Exxon dent, a photon densitometry of their bones and there, you know, way out here and you'd be told your bones are going to dissolve and all the rest of it.

And then I'd always look at the graph and I see the dot up here. Right. And this is like numb 80 year old with the bone density of a 20 year old. Okay. What who's this person? And that has been my guiding light, my whole career about everything like aging, right. Come on. You're aging, the minute you're born

Okay. So therefore all the stuff they tell us about what's going to happen, you know, in menopause and you know, that's my, that's my latest thing. You know, the revision of the wisdom of menopause. This is the post me too version. It's a Bible and I won't be revisiting, Oh my God. [00:04:30] You've got the Mary first.

Oh, my God. That's great. Original. The original bodies women's wisdom. This is the fourth, fifth edition,, and I'm passing the torch to the next generation. I mean, I was climbing up on marked peaks myself in the dark with a hat. You know, now the younger women are coming along and putting in benches and landscape lighting and, and that's, I think it's absolutely wonderful.

But here we are now on the, on the cusp of birthing a whole new human, of birthing, Carolyn mace, I think used to say we're, we're becoming a new species. Carbon under heat and pressure becomes a diamond. Yes, and we don't as humans, we don't change unless something makes us get out of our comfort zone.

So recently I've been working with a personal trainer and he said to me, I want you to do a, this jungle 30 every day. Like, what is the jungle 30? Okay. It's you know, it's 30 squats, 30 sit-ups, 30 push-ups. And you do them in sets of 10. Well, the great news is I can do everything in my bathroom in the morning or at night, but here's the cool news.

And I want everyone to take this idea and apply it to right now. Okay. So if you're trying to do a squat and you haven't squatted like a two year old in 40 years let's say, you're not going to go right down there because your [00:06:00] joints have ossified in certain ways. And, I will never have the squat of a two year old or, you know, the Asian squat where the people who literally eat that way, that will not be happening.

However, what I can do, what I've noticed is I can get down way further just from doing this every day, every day, every day, but it has taken squatting to the area of, slight discomfort, not pain, not pushing myself to injure my hips, but just staying down there a little longer than is comfortable. Then what happens is the body and the cells get the idea.

Okay. I can do a little more. I can do a little more. I can do a little more. And I was practicing also on a Bosu ball where the thing is going all over the place. And I thought, okay, I understand balance, balance is something you can, you can work on and get better at. There's so many things in the body that you can just get better at. And, and fitness and flexibility is one of those. But if we buy the idea that after a certain age, this is what's going to happen, which comes from those curves again. I want to follow the outliers and, and I will tell everyone your biology just pays attention to your thoughts, your beliefs, your emotions, which is what German New Medicine is all about.

What is the conflict? How are we going to resolve it? And [00:07:30] you've got to step out of, that deadly transactional analysis triangle- victim, perpetrator, rescuer, victim perpetrator, rescuer. That's what's gotten everyone into trouble. So right now on the planet, what are we seeing? We, back in the day of the swine flu, the H1N1,, they gave people this particular inoculation. And 54 to 60 people died from the inoculation and they said, we need to stop that. Okay. Now we have 8,000/9,000 people who have died of the experimental inoculation and no one's doing anything. It's almost as though the human race is given an opportunity now to step into our power and out of victimhood by a situation where none of the doctors in conventional medicine, none of the legislators, none of the judges, none of the public health authorities are doing anything. So we have to do it. We have to do it. It's forcing us to do it right now. We're seeing Incredible amounts of miscarriages, bleeding. People who've just been around those who had the recent inoculation are having symptoms, you know, like a six-year-old who goes to visit her inoculated grandparents and gets a nose bleed so bad they have to take her to the emergency room. This stuff is [00:09:00] happening and we would be idiots to say, this isn't happening.

On the other hand, where are you going to live with this? And what I say is truth has a high vibration, you know, on that scale of David Hawkins, Power Versus Force, truth has a really high vibration, fear and anger, if you stay there, have a really low vibration. However, you have to feel them and work through them. You have to feel it. And so what I would say to people is if you are wiggled out by the dark forces that have created this, if that, if that wigs you out and makes you terrified. And you're just like, well, frankly, look at what has happened. Like from last March, I watched this whole thing and I said, this is a bunch of baloney. This is a bunch of baloney. Here's what you can do -Vitamin D, Zinc - not be terrified of all the rest of it. We're going to have people in their apartments as mummified humans that they'll find in three, four years who have never left because they were overtaken with fear. Then what does fear do? What does that do? It pours out inflammatory chemicals in the blood from the adrenals- cortisol, epinephrine - causing cellular inflammation and in the face of that kind of stress, what do you want to do? [00:10:30] You want to eat sugar? So we got all these people who are talking about, you know, that the COVID 20, that they've gained all of this weight, because the only way they knew to soothe themselves is sweets and donuts and cookies and all the rest of it. And then watching fear porn on the tell lie vision.

So what we have to do as humans, if you want to be part of the, the front lines of the new human, which clearly you do, you don't pay any attention to what the mainstream is doing. Ever. You watch like the documentary, My Octopus Teacher is absolutely astounding, so

that's on Netflix. So you see, and then people will say, Oh, you know, no, no, you should never watch Netflix.

No, no, no. What you're going to do is you're going to choose the high vibe thing in your environment, that might be a houseplant that might be a daffodil. It might be. I have a beautiful flowering ornamental cherry tree now that, you know, weeps like a weeping chair. It is so gorgeous that, you know, I'm astounded by it every time I look out the window. I have a couple cats. They're hilarious. You know, it's like you pet the cat, they're soft. This is lovely. And then you do what you can do. In cancel culture in what's happening, where here's what we are. We're at the great bifurcation, right? Where there [00:12:00] are people who are coming with us.

And people who are not coming with us. And so after a year and a half, actually more like 40 years of telling people what the truth is and what they can do to make their own women's wisdom, their, their reality. And, you know, don't give your power to big pharma. After a lifetime of that, people are now coming to me.

Well, I, you know, I had the injection and now all this stuff is, is happening to me. What can I do? And what I say is. I'd pray if I were you, I'm going to just pay attention to the ones who are on the side, where they jumped from the dock and got on the boat. I am not going to swim back in shark-infested waters to save those who for whatever reason, didn't get the memo.

Because if you have voluntarily worn a mask for a year and a half, your immune system is depressed because what is the message you're giving to your body? Every time you put that on - there's something to be afraid of. It's in the air. I don't know if you saw the Del Bigtree video. Really good. He pours a bag of rice out onto the table, and then he colors one green, red.

And he said, this is the number of viruses in your microbiome. And I know you've had Andy Kaufman on the show and you know, he's on our mastermind group and this is this one, one virus. And so we're going to do all [00:13:30] this stuff to protect you from one little virus. First of all, there is no virus. There is no virus, you know, I hate to break it to you, but there is no virus.

There's something, there's something there's a spike protein, that's manmade. And you know, it's here to make you sick and across reacts with 28 different human tissues. And the more afraid you are, the worse it's going to be. So the, the high vibe approach to this is out in the sun, you get sunlight, you don't watch the mainstream media.

What did the, I think it was the, the Mennonites or the Amish. And someone said, why don't, why aren't you all getting sick from this thing and said we don't have television. So, so the thing is, and we have lots of scientific data on this, you know, like studies where over the loudspeaker, they tell everyone at a ball game that food poisoning has been detected in the hotdogs and suddenly everyone's throwing up and people are going to the emergency room.

And then they later later tell you, ah, actually that was a mistake. There isn't anything. So the, and then Bernie Siegel's whole book, Love, Medicine, and Miracles was all about what

the meaning is to somebody. So what I'd like to put out to your audiences, the meaning of this whole PSYOP is this is the [00:15:00] impetus to rebirth a new human and a new earth that is based on regenerative, agriculture, sustainability, community people interacting with love you know, and, and stepping out of the incredible disempowerment that has become the public health system, the public health system, it's just weaponized against humanity. Why else would they support putting fluoride in the water, which is a poison, which calcifies the pineal gland. What's interesting is each of us, as humans, has the ability to discern.

But we have to take back our power and we have to say, no, I want to give you an example. So we have a, I have a nurse friend and she's a pediatric nurse, works in the hospital. And last fall they said to her, Oh no, here's what happened. She gave a kid a flu shot and she went home and threw up. Her inner guidance system said No, I can't, I can't do this anymore. There's no good data for this. Plus we know that if you get a flu shot, which has all kinds of stuff in it that doesn't need to be in there, it increases your risk of getting this other thing that starts with a C by five times. So she decided I cannot do this anymore.

So she told her supervisor, I won't be given these shots anymore. I can't do it. And the supervisor said, well, you know, he'd probably have to clean out your [00:16:30] desk and you'll be fired. And she's like, okay. See, she stood in confrontation. She went in the next day. It was the day of her annual report. They said nothing to this day, they have said, Nothing.

Same thing happened to another woman who works in development at the hospital. And she just gave them a notice of liability that Delores Kay Hill talks about. And she said you're completely liable. If anything happens to me when I'm taking this and I'm not taking it. And she had all the paperwork, no one said a thing I am telling you if we humans collectively, if enough of us stand up, the whole thing goes away. That's what it's for. I swear to you, that is what it's for. This is pressure and heat to allow you to remember who you are. Are you, are, you are the word made flesh. You are the divine in human form. You probably didn't come from the apes and you're you need to be a divinely protected species.

But the only way you're going to do that is to remember, remember that and everything in the medical world, my world conspires against that. I mean, you should've seen me back in the eighties, you know, I was doing Laboyer births and delayed cord clamping. And the first time I ever [00:18:00] put a baby on the mother's abdomen, I was a resident at Cambridge City hospital.

Okay. So I take the baby and then I put it right on the mother's abdomen and the woman's hands touched. My gloves. Attending physician goes, her hand touched your glove. You're not sterile. I said, Dr. McGovern in all due respect, this baby just came out of the vagina. The only way to sterilize it is to boil it.

And you know, you can't refute that. You know, so gradually in the eighties, nineties, we woke up about birth. When I started my residency, in Boston at a Catholic hospital, they were still giving women twilight sleep, seconal, and scopolamine. So they turned into wild animals. You strapped them down.

They didn't remember anything. And the obstetrician then gives them the baby three days later when they wake up and then all of the bonding hormones, prolactin, and oxytocin that are flooding the woman's system, she's given that to the obstetrician. Oh my God he saved me. This man saved me from my own birth.

Well, we had to have the women's movement. We had to have all of that so that we could take our power back. Now. Now it's not being against men. It's not being against science. It's not being against medicine. It's literally [00:19:30] taking our power back and saying, in all due respect, I appreciate what you're trying to do here, I've got it.

One of my friends went in to have a, a cardiac stress test and after a coronary procedure, so he's on the treadmill and she said, You know, your heart rate, isn't raising. It's like you're, you're doing okay here. I think we're going to do a, a test where I inject you with a radio isotope.

So then I make sure everything's okay. Now this guy's a qi gong master. So he goes, nothing's going to happen to me here. And the reason why my heart rate is like it is and all the rest of it is that I know exactly how to control it. And by the way, you won't be injecting anything into me because I'm never coming back.

Now, the only way you can do that is to get away from fear. The only reason that a pregnant woman would allow herself to get a DPT and a flu shot in the second trimester of pregnancy, I'm telling you, her mother bear, her sovereignty is it's missing an action. How do you do that? Oh, and then worry about a tuna sandwich.

Okay. Worry about the mercury in tuna while you allow yourself to be injected with DPT and tetanus. And by the way, they've been doing that since the nineties, since I stopped delivering babies. Oh. And then a Hep B shot, 99% of the newborns in the [00:21:00] United States, hepatitis B shot. Great. That contains 15 times the FDA allowable amount of aluminum, but it says a nanoparticle so that we can begin to alter the brains of humanity.

With heavy metals and nanotech and all of that. And quite frankly, they've done an amazing job. We now have the whole millennial group, the cancel culture group, the wearing is caring crowd. The, you need to do that to protect me that group. I swear to you. We are at the great culling. You remember when they reintroduced the wolves to Yellowstone, right? And it changed the course of the river and it made Yellowstone much healthier. I swear to you, they have released the wolves into humanity and maybe, maybe only 30% of us are going to survive it this time around. I think we recycle, you know, I, and I'm not anyone else's higher power.

So if you hate what I'm saying, Oh, here's the other thing I know. Divine love and light. When someone's sovereign that is irritating, that's irritating to somebody who is fear-based and toxic. They hate it. So you got to get used to that. People aren't gonna like it. They're not going to like it. And at this point it's like, good.

You don't like, I don't want you here anyway. I don't want to talk to you. I don't want to be around you. I love [00:22:30] you. I just went to a party. I hadn't seen these people for a year. Woman comes up to me, gives me a huge hug. Oh, don't worry she says. I've had my

two shots. And I thought if you really knew what I think I would think you are by far, far more dangerous with what you're secreting through your skin, through your breath, through your feces, through your blood, through your sexual fluids.

I have a way more concerned about you than I am about me, except that I love this person. I love her. We've spent all kinds of time together, but she's not making the cut for my inner circle, but on the same, at the same time, I'm not worried about that hug from her or not. I, it just like that. Doesn't apply to me.

Now we're back to the outlier thing. Oh yeah. This will work for the great collective. Caroline Myss, medical intuitive, used to say, It's about the power behind your eyes versus the power in front of your eyes. So I don't give that power in front of my eyes, very much of my energy, because I know that it feeds those suckers.

**Dr.Northrup:** [00:23:36] It feeds them. Fear and anger is food for the lizards. So let's starve those buggers out. And what's beautiful to me about the German New Medicine that you are about is how empowering it is and how individual it is.

Standard medicine is, you know, standard deviations. It's, what's happening [00:24:00] to whole population.

Well, the literature shows, you know, and as a med student, I'd go into the rooms of patients and actually talk to them. Oh my God, I'd get their story. They would tell me what was going on. I would know when they were going to die. I would know whether they were going to get better. And Oh, and I also knew right away whether my best stuff about their own power, whether that was even going to land, like, did they even have a little surface that wasn't already taken up with propaganda?

I will tell you something, only about 5% didn't have the surface already taken up with propaganda. Yeah. So I'm talking to those because it's only going to take 3.5% of the people awake to turn the whole thing around. And Steven Greer, the disclosure project, he says it's only 1% and we're getting there and we're getting there fast, I think.

**Andi:** Yes. Agreed. [00:25:13] You know, I, you know, we, we come from a German, new medicine background, so we look at everything that's going on in the world today. And we see, you know, exactly what you've said is that people don't understand what's going on. They're listening to the narrative. They're not listening to their inner guidance.

And they're certainly [00:25:30] not an understanding of German New Medicine, because if they were, they wouldn't be having the fears and believing in the narrative because we know that it's not accurate. We know it's not true.

**Melissa:** [00:25:45] Yeah. The new medicine is absolutely integral for this change for this uplevel, for everything you're talking about, people have to know how their body, how their biology works.

We have to understand how the psyche impacts the brain and the organ, and that every illness is a tissue adaptation. And that if our perception of our world is something dangerous

and scary and we have to hide away and you know, it's before, it's the, it's the germ and now it's the, now it's the injected.

And if you just watch how we're, ping-ponging back and forth. Fear for fear. You have to exit that whole system. Like you've been saying, you have to exit, you have to see how you are being manipulated, how you are being, um, convinced to fear your neighbor and how that is never going to lead to greater health.

That's never going to lead to your protection. Avoidance doesn't lead to strength. You know, so being in, you know, being out there, hugging your friend fearlessly. Knowing that you've exited the system, any of the fears, any of the worries you've protected yourself from it. And that's really what we need.

We need individuated people who are rising in their strength and their personal power and understanding who I am is, and living fearlessly. And the more people that [00:27:00] do that. And, and it is it's, it's a test of, of strength. It's a test of your, your inner connection, because if you are disconnected and if you, if most of the voices in your head are those of other people and opinions and narratives, and you know, whether it's on the alternative side or the conventional side, you're

**Dr. Northrop:** [00:27:17]you're good, man.

No, you know, in fact, one of the groups that has been the most disappointing to me is all the integrative physicians. My God, they have just folded up their tent and gone into the fear narrative. Like all the many, many, many people who have been mentors for me, have just bought the narrative and, you know, it's like, okay, next I got a, like, I got a huge library at this point that really needs purging. I mean, I don't, I don't need that energy around because at the very moment, when people, when you people had the choice to rise up, or go the other way, they chose to go the other way, because it was more expedient, more comfortable you know, maybe they got paid, but I think a lot of people are paid a lot of money to keep the narrative going. And you like the nurse friend of mine who said, no, I am not going to give those shots to kids anymore. She stood in her sovereignty. And what people don't realize is how much power is their true power; electromagnetic field of light pushing out from you that [00:28:30] changes reality changes, biochemistry changes tissue.

I mean, we know from the fact that there is, there are documented spontaneous remissions from every known disease. Yeah. And if you find out what those people actually did, how they changed their thoughts, how they changed their diet, how they've changed, it everyone's different by the way, about how they did it.

And some people didn't do anything. I mean, they just literally had a conversion experience by the way. That's what they're telling these people. Who takes the shot and the next thing you know, they're like this, you know, and, and so standard medicine, you got to love this. It's so horrible are saying to all of them, well, this is a psychiatric disorder. This didn't, this didn't actually, but it's interesting to me that the ones that you know, like these three women who are on Dell Bigtree who got these incredible neurologic symptoms, they were



the front lines. They were so steeped in the narrative. They were going to go first as heroes to show everyone, this is what you do to protect everyone else.

And man, did they ever run into a brick wall. You know, I mean, at this point speaking of evolution, I mean, this is kind of like we're at the Darwin awards here. Like, you know, the people who are deeply in the narrative there they're MK altered somehow they're, they're hypnotized. They're, [00:30:00] I'm sure you've been as astounded by this as I am, as, as my daughter says, it's not, they won't even look at any evidence.

They won't look at anything. What they want to do instead is cancel a voice like me. Who've, I've only been saying the same thing for about 40 years. I mean, I haven't changed. People- What's happened to you? Nothing. You're not keeping up.

Yeah. Yeah.

**Melissa:** [00:30:32] It certainly does seem like people are completely hypnotized the fact that they can not even look at any evidence. It doesn't matter how legit the evidence is. Not, it's not computing at all, which does make you feel like everyone is under a spell and those people who are not, like you said, it's kind of like, you can't be helped if you were under the spell.

If you don't even have a space, a question in your mind about what's happening. Unfortunately, I mean, you, you may not make it this time around because you know, it is that I have, you have to look and say, What am I consenting to? And why? What am I? This implied consent that everyone just goes along with it.

I love that story of this nurse that just says, no, I don't want to do this anymore. And that her wish was honored. And it's so many people we don't realize. We fear so much the consequences that we don't even try. We don't even try to stand up and say, no, I'm not going to do that. No, that doesn't make sense.

We're afraid to say no, I won't wear the mask at the store. [00:31:30] And so. We imp, we just have to consent because we're so afraid. And so I think people do need to, you know, test what are you made out of, you know, look at yourself and see who are you really? Are you a scared, small little creature? Who's just vulnerable to any little microscopic thing that can come by, like look at your body that built itself.

Look at how brilliant the wisdom that pumps your blood and keeps every organ functioning perfectly, recognizing that is just so crucial. Instead of looking outside to what medical device can save me today.

**Dr. Northrup:** [00:32:02] Oh my God. And here's the thing I want everyone to know. It's not like I haven't been sick. I mean, I had a couple bouts of whatever it is.

Do you think that I would ever go and get one of their PCR tests to stick nanoparticles in my blood brain barrier? No! A test with a 97% false positive rate? I mean the whole global shutdown is based on a fricking lie and, you know but, but the opportunity for humans to evolve is so great. We wouldn't do it in any other circumstance.

So yes, I got sick. I got sick with, you know, like two weeks of coughing and really, really tired. I'll tell you how I see it. Cause I know in German New Medicine, it is the meaning of it. And for me it was, it's always been about, Oh, okay, I'm becoming human 2.0, this is the, the toxins and the old [00:33:00] stuff, leaving my body. That's how I see it.

**Andi:** That's good. That's good. Well, and what Dr. Hammer discovered is he mapped out the entire brain. So we know if you have a symptom, we trace it back to which relay has been activated in the brain. And that determines what your conflict shock is. So if you had a lot of coughing and things, you probably had a territorial, anger conflict that you resolved and how much territorial issues are going on?

Now, it is rampant right now. Yeah. Oh, that's beautiful. That's beautiful. Because it's almost like I remember the first time I ran across Dr. Hammer's stuff and I thought this makes total sense. I mean, you know, you know, his own story, right? It made complete sense because one of my favorite referrals ever, way back, was an osteopath who sent me a patient and the referral prescription said: Birth control pills are blocking intuitive wisdom, please, you know, so I said to him, guy's name is a legend, Jim jealous. I think he's over in Vermont now. I said to him, how do you know this stuff? Come on. This was back in the, in the eighties. How do you not? And he goes, yeah. I think I'm just too stupid, not to notice.

Yeah. Like, you know, no that in a way there are no accidents. [00:34:30] You know, in a way nothing that happens to you is by chance. Right? So my friend, Julie Ryan is a medical intuitive, she's wonderful, very grounded entrepreneur, she's invents surgical instruments. And she said, you gotta go by the two minute rule and it's this: when you read anything here, anything you ask yourself, is this going to kill me in the next two minutes?

And if the answer is no, It's fake news. Isn't that good? Okay.

**Andi:** Perfect. Yes

**Dr. Northrup:** Like really good.

**Andi:** Exactly. Well, that's great.

**Andi:** I was going [00:35:06] to say, you know, you, you had talked about how we're in a birthing, we're in the birthing canal right now of the new human. And, you know, I would say that all of us who work with German New Medicine, we're seeing that because the people who are reaching us now wouldn't have reached us 10 years ago.

They're in a mindset now that they're looking for, okay, what's really going on. And they find us. And when they learn GNM. The light bulbs go off and they have that right in that moment, empowered themselves and change their vibration. They have just raised their vibration to understand everything about their body from there, their whole life.

**Dr. Northrup:** That's fantastic because here's the thing I can tell everybody, as my colleague, Larry Palevsky said, medicine, Western medicine is dead. It it's been dealt a death [00:36:00] now, you know, he said there are no pediatricians anymore. All there is no matter what you go in for is COVID COVID COVID COVID co no one has any diagnostic skills.

Nobody. I mean, I'm talking about the system. There are wonderful MDs, DOs, herbalists, but we are now needing to support an entirely new parallel system. So things like German, New Medicine is going to come right to the forth. This is going to be the medicine of the future, so that all of these you know, think about all of these temples. To big pharma, frankly, all of these medical systems. I mean, I think about you know, the one, the famous one in Baltimore, we have, by the way a lawyer working with us at Maine Stands Up and this wonderful knight in shining armor took the case to question that governor and the Maine CDC and I said, how did you get into this?

And it turns out he represents the victims of medical terrorism who are Guatemalans, who were given syphilis and, you know, just like the Tuskegee project and they didn't know. And he said this was carried out by the United States Public Health Service and the Rockefeller Foundation. And he's looked at the archives. In sleepy hollow of the Rockefeller foundation. And he goes, there is a tremendous amount of darkness there. But here's a guy who was born, he was [00:37:30] born for this particular job and he said the same names come up over and over and over in the halls of those places that we've seen as major healing centers.

And they're not. And they're not. What they are, is major indoctrination centers. And I remember as a kid reading that like the Reader's Digest and they'd have these stories about how these parents were seeking help for their child. And they'd gone here and there and they'd gone everywhere. And they finally finally came to, you know, this shining hero at Massachusetts General Hospital, you know, and I can remember that's the, that's the carrot on the stick that we all get in medicine. If you, if you just get the right diagnosis and if you get the right test and if you get the right doctor, that is your salvation and it, and yeah, that's the belief system. So that, that happens. But the keys to the kingdom are in what you're doing.

**Andi:** Yeah. And we would absolutely agree with that. We are forever indebted to Dr. Hammer in his discoveries. They will change the world at some point and someday they will be taught in medical school. That's right, because it's biology. It's basic biology.

**Dr. Northrup:** That's it? That's it. See, this is not Wuwu. [00:39:00]

**Andi:** Real and true definition and explanation of biology.

**Melissa:** Yes, because [00:39:05] it's a law and it happens every single time and that's the thing that's so incredible. Every other theory, it doesn't happen every single time. You can't give, you can't sprinkle a germ on someone and make them, I mean, they've tried it and it has not been proven despite being so widespread.

**Dr. Northrup:** [00:39:22] Yeah, that's that whole Spanish flu thing, you know, as you know, you know, they took horse snot and they did, Oh God, Judy Mikovits said that they actually dug up bodies from the Spanish flu so that they could clone the bacteria of that time.

And she said, you know what, we're calling SARS COVID 2 is nothing but Influenza A and B. Yeah, yeah, yeah, yeah. Well, when you read the Spanish Flu after World War I, when you understand GNM you understand that it is the healing phase, that peace post-conflict phase from the war, everyone was so upset and stressed and you know, they were running from a

saber tooth tiger for all those years in the war that finally the war ends and they all go into their post-conflict phase, their healing phase.

And that's when we have symptoms. , it's so obvious to us that that is very natural resolution to the conflict shock they had during the war. And, you know, Caroline Myss used to say the polio epidemic, which we know was [00:40:30] also because of DDT spraying the DDT, but she said it was the United States.

It was the feeling crippled. Feeling crippled after World War II.

**Andi:** Right. Right. And what we would say in GNM is it's a motor conflict. We're stuck, can't move. So it impacts in your motor cortex and that impacts your striated muscles.

**Dr. Northrup:** I love it. I love it.

**Andi:** It's all mapped out. You can see it right here and behind me and behind Melissa it's, it's not rocket science anymore.

It is figured out. We know there's the specific conflict shock for every single symptom out there. What they would call a disease. Empowerment at its best.

**Dr. Northrup:** Absolutely. As long as you're, you know, Caroline wrote a book called Why People Don't Heal and How They Can. And there are many people and you know, no one wants to hear this.

There are many people who do not want to get well. We had a patient, this was an interesting situation in the psych ward. Friend of mine was in her psychiatry training at the time. And the woman became, she was in a wheelchair, but nobody could understand why. And one night in a delirium, she got up and walked.

So in the morning you know, the doctors and nurses said to her and her husband, oh my goodness, this is amazing news. You can walk. The woman goes, [00:42:00] I deserve total care. I deserve total care. And, and my friend, the psychiatrist whispered to the husband. If I were you, I'd get out now. Because, you know, but also in, in German New Medicine, you could, you could do German New Therapy.

Like if you are in relationship, with someone like, I gotta give you an example. One of our people in the mastermind was the former mayor of Nevada City, California. And she's very interested in creating these new sustainable systems. And at the beginning of this whole thing, she had her closest friends and relatives sign a form where, as she said, if you decide to go ahead and get this experimental injection, and anything happens to you, we're just putting you on notice; We will not be available to bail you out. In other words, we are not going to bail you out and have you, you know, take our resources. This is what you are doing of your own free will.

That's okay. That's on you. Yeah, we're not going to be dragged into it. Yeah. And I think that that's very, very important because what is the PSYOP here? It's the hijacking of human empathy, because we care about each other. We love each other, but you have to draw a line in the sand about [00:43:30] what you're willing to do.

Like, because at this point, like I've said to you. We now have all these people coming to us. Well, I, you know, now I'm having this and I'm having that and I'm having the other thing, you know, can you help me? It's like, no, we already did. You chose something else. That's on you. I'm sorry. So, so your own inner guidance, your own connection with source.

You've got that. No one can take that away from you, but for those of us in the healing professions, that is a huge hook. It's a huge hook that we can impale ourselves on because trying to bail people out of their own choices can lead to enormous burnout and fatigue. So we have to learn how to take care of ourselves first.

**Andi:** Absolutely. All right. Oh, my gosh, this has been wonderful. Dr. Northrup.

**Dr. Northrup:** Yeah, it's been great for me to learn what you're doing.

**Andi:** And one thing I want to mention before we close is that Melissa Sell and I have developed an organization that is now worldwide and it's called G H K global.org.

**Dr. Northrup:** Okay.

**Andi:** And it is bringing together those of us in the GNM field so that we can network and support each other and support each other with advanced education so that we can go out and do [00:45:00] the work we need to do. But we do a summit every year as well for everyone around the world. We have thousands of people who show up for that, and it's a way to learn German New Medicine for free.

But G H K global.org is our website. We send people there because we've got practitioners. We have different kinds of holistic practitioners and GNM teachers all around the world who are listed there. So we encourage everyone to go to that site if you want to learn more information. And Melissa and I both have our individual websites as well. So there's a lot of resources out there. And so we're really excited to be able to bring this to the forefront because it's what people need right now. It's that next missing piece for that empowerment for them.

**Dr. Northrup:** Absolutely. I'll make sure I get that on my telegram group right away. And for those of you who are interested in what I'm doing, go to [Dr.northrop.com](http://Dr.northrop.com).

**Andi:** And I am [Andilockemears.com](http://Andilockemears.com).

**Dr. Northrup:** Okay. Good. Okay. Let's get that down there.

**Melissa:** And [Dr.melissasell.com](http://Dr.melissasell.com)

**Dr. Northrup:** Okay, good. Okay, great. Yes. Good. We got to get the word out. And one of the things that's happening that I love right now is that there is global cooperation amongst practitioners, the likes of which I have never seen before.

**Andi:** Agreed. Agreed. We are seeing that as well in the GNM world.

**Dr. Northrup:** Okay. Yeah. Like, you know, no [00:46:30] one is trying to build their little empire anymore alone.

**Andi:** It's about cooperation and collaboration. It has to be that.

**Dr. Northrup:** Yeah. That's it.

**Andi:** It's not about living in your own silo.

**Dr. Northrup:** No, this is way more fun. Okay. Thank you so much.

**Andi:** This has been great meeting with you.

**Dr. Northrup:** Great to meet you.

**Andi:** Bye bye. Take care.